Happy Tuesday,

Welcome to Pioneer Rowing. You are receiving this email because you or a member of your family signed up to receive information about joining the Ann Arbor Pioneer Rowing Team for the Fall Season. Thank you for your interest. Contained in this letter are all the links, dates, and contact information you may need for the start of the year. Please feel free to reach out to me directly by phone, text, or email if there are any additional questions you might have. Also feel free to pass in this information to any friends you might have who are interested in the program. We look forward to having you down to the boathouse and welcoming you to the team.

Scott Menoch Head Coach, Ann Arbor Pioneer Rowing (248) 736-9712

PIONEER ROWING SEASON OPENING INFORMATION FOR INCOMING ATHLETES

Fall Practice Start Information for New Rowers:

- First day of the Season for new athletes: Monday August 19th
- We will be meeting at the high school In the Annex Room at 4:15pm
 - Enter through the athletics entrance and proceed down the hall toward the cafeteria to find the room. We will have returning athletes to help guide you.
 - Please bring athletic clothing as there will be light athletic activity on this first day.
- Practice for the remainder of the fall will begin at 4pm-6:30pm
- Location: Ann Arbor Community Boathouse in Bandemer Park, 1325 Lake Shore Dr. Ann Arbor, MI 48106

Special Note: We realize that some families may still be on vacation at this time. While we would like all athletes to start with us as soon as possible we do still accept new athletes through the first two weeks of practice. Please contact Coach Menoch directly if you think your joining them may be delayed

What to bring to Practice:

- Athletic clothing (no loose or baggy clothes/shorts please)
- A Full Water bottle (there is no running water at the boathouse)
- Running shoes.

General Information on Rowing Links for New Families:

Pioneer Rowing Overview for New Families

Pioneer Crew Website This contains all kinds of information on the team

FAQ about the Sport of Rowing

Registering your athlete for Pioneer Rowing:

This is a three step process. All three steps will need to be completed by the end of the first week of practice.

Step 1: Registration through the Ann Arbor Pioneer Athletic Department.

To participate in crew, fall or spring, you must first complete registration with the Pioneer High School Athletic Department.

- Visit Pioneer Athletics Registration Page where you will need to fill out an online form and...
- Pay the insurance fee to Rec & Ed. In the SPRING SEASON ONLY you will also be required to pay the Athletic Participation fee. This participation fee is for the *spring season only*. You may register in the fall without paying this fee, even though they may urge you to do so. I advise you not to, as our financial arrangement with the school may change between now and then, and the fee is non-refundable unless an athlete fails to make the spring selections.
 - Special Note: AA Rec & Ed offers scholarships based on their Free/Reduced Lunch Program, as well as their Standard Scholarship Program. If your family is in need of assistance and does not qualify through Rec & Ed, please reach out to our Treasurers for potential assistance. Please know all information is kept confidential.
- Proof of an up to date physical / completed Pioneer Physical Form. These forms are submitted to the athletics secretary Maureen Murrett either in person at the athletics office at school or via email at murrettm@aaps.k12.mi.us

Step 2: Pioneer Rowing Club Athlete Registration and Conflict Form

Complete the Pioneer Rowing and provide the requested information. The Link to the form is located here: <u>AA Pioneer Rowing Fall Registration / Conflict Form</u>

Step 3: US Rowing Membership and Online Waiver

To row at most of our regattas you will need get a US Rowing Individual BASIC Membership and fill out the USRowing Waiver online, which can be done at membership.usrowing.org

- New members:
 - Choose Individuals > Join
 - Enter your athlete's information
 - Enter Pioneer Rowing Club as your club name
 - Choose Basic Membership (not Championship)
- Existing members:
 - Choose Individuals > Members
 - From the drop-down menu, choose Sign Waiver
 - If the student is over 18 or will turn 18 during the season, they also need to complete the Safesport training module to finalize their membership

Additional Info:

- If you have an existing membership with Washtenaw Rowing Center, you will need to add Pioneer Rowing Club as an affiliation.
- The Club Access Code to add Pioneer Rowing Club:: VJ9HT.
- A parent must complete the waiver if the rower is under 18 years of age.
- Waiver is good for the calendar year from last signing. Please check that date to be sure you will be eligible through the racing season.